

NAUTILUS IMPACT™



Proven. Smart. Effective.

The Impact® Strength line brings many subtle innovations to the power of your next weight training workout. It is the evolution of the proven biomechanics and user features that have made the strength line a solid, competitive product. This line retains all the unique, proven, individual design features that customers have stated are ideal such as Pre Stretch, Start Assist, Range of Motion selection, Graduated and Standard Heavy Weight Stacks. Impact Strength incorporates new aesthetics and biomechanics features that have established its position as a competitive and diverse strength product line.



Official brand partners **TRINITY HEALTHTECH**
To know more about Nautilus Fitness Equipments:
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FEATURES



EASY TO USE LOCK N LOAD®
TECHNOLOGY ELIMINATES LOST,
BROKEN OR BENT PINS



RATCHETING VERTICAL SEAT
ADJUSTMENT



SIMPLE POP PIN RANGE OF
MOTION ADJUSTMENT



OUR MASTER TRAINERS ARE
HERE TO GET YOUR STAFF UP TO
SPEED ON ALL NEW EQUIPMENT



CHEST PRESS LA-S4301

W	52" (132 CM)	SHIP WEIGHT	545 LBS (247 KG)
L	50" (127 CM)	STACK WEIGHT	280 LBS (127 KG)
H	60" (152 CM)		



INCLINE PRESS LA-S2301

W	51" (130 CM)	SHIP WEIGHT	570 LBS (259 KG)
L	75" (191 CM)	STACK WEIGHT	280 LBS (127 KG)
H	60" (152 CM)		



DELTOID FLY LA-S4304

W	30" (76 CM)	SHIP WEIGHT	450 LBS (204 KG)
L	50" (127 CM)	STACK WEIGHT	245 LBS (111 KG)
H	79" (200 CM)		



FIXED LAT PULL DOWN LA-S3303

W	43" (109 CM)	SHIP WEIGHT	700 LBS (318 KG)
L	64" (163 CM)	STACK WEIGHT	280 LBS (127 KG)
H	80" (203 CM)		



LAT PULL DOWN LA-S3305

W	53" (140 CM)	SHIP WEIGHT	435 LBS (197 KG)
L	57" (145 CM)	STACK WEIGHT	280 LBS (127 KG)
H	67" (170 CM)		



VERTICAL ROW LA-S3301

W	45" (114 CM)	SHIP WEIGHT	575 LBS (261 KG)
L	62" (157 CM)	STACK WEIGHT	280 LBS (127 KG)
H	60" (152 CM)		



LOW ROW LA-S3306

W	29" (74 CM)	SHIP WEIGHT	585 LBS (265 KG)
L	90" (229 CM)	STACK WEIGHT	280 LBS (127 KG)
H	86" (218 CM)		



SHOULDER PRESS LA-S4307

W	53" (135 CM)	SHIP WEIGHT	530 LBS (240 KG)
L	64" (163 CM)	STACK WEIGHT	275 LBS (125 KG)
H	60" (152 CM)		



DELTOID RAISE LA-S4302

W	46" (117 CM)	SHIP WEIGHT	430 LBS (195 KG)
L	51" (130 CM)	STACK WEIGHT	155 LBS (70 KG)
H	60" (152 CM)		



BICEPS CURL LA-S5301

W	46" (117 CM)	SHIP WEIGHT	460 LBS (209 KG)
L	58" (147 CM)	STACK WEIGHT	200 LBS (91 KG)
H	60" (152 CM)		



TRICEPS EXTENSION LA-S5302

W	46" (117 CM)	SHIP WEIGHT	460 LBS (209 KG)
L	47" (119 CM)	STACK WEIGHT	200 LBS (91 KG)
H	60" (152 CM)		



DIP MACHINE LA-S5303

W	42" (107 CM)	SHIP WEIGHT	655 LBS (297 KG)
L	55" (140 CM)	STACK WEIGHT	295 LBS (134 KG)
H	65" (165 CM)		



CHIN DIP ASSIST LA-S6302

W	60" (152 CM)	SHIP WEIGHT	650 LBS (295 KG)
L	50" (127 CM)	STACK WEIGHT	200 LBS (91 KG)
H	91" (231 CM)		



SEATED LEG PRESS LA-S1305

W	47" (120 CM)	SHIP WEIGHT	825 LBS (374 KG)
L	74" (188 CM)	STACK WEIGHT	400 LBS (181 KG)
H	65" (165 CM)		



STANDING CALF LA-S1309

W	49" (124 CM)	SHIP WEIGHT	485 LBS (220 KG)
L	41" (104 CM)	STACK WEIGHT	280 LBS (127 KG)
H	62" (151 CM)		



LEG EXTENSION LA-S1312

W	38" (97 CM)	SHIP WEIGHT	530 LBS (240 KG)
L	57" (145 CM)	STACK WEIGHT	280 LBS (127 KG)
H	60" (152 CM)		



SEATED LEG CURL LA-S1314

W	39" (94 CM)	SHIP WEIGHT	630 LBS (286 KG)
L	70" (177 CM)	STACK WEIGHT	280 LBS (127 KG)
H	60" (152 CM)		



LEG CURL LA-S1301

W	38" (97 CM)	SHIP WEIGHT	440 LBS (200 KG)
L	71" (180 CM)	STACK WEIGHT	200 LBS (91 KG)
H	60" (152 CM)		



KNEELING LEG CURL LA-S1311

W	44" (112 CM)	SHIP WEIGHT	360 LBS (163 KG)
L	51" (130 CM)	STACK WEIGHT	150 LBS (68 KG)
H	60" (152 CM)		



ADDUCTOR LA-S1308

W	48" (122 CM)	SHIP WEIGHT	430 LBS (195 KG)
L	58" (147 CM)	STACK WEIGHT	200 LBS (91 KG)
H	60" (152 CM)		



ABDUCTOR LA-S1307

W	48" (122 CM)	SHIP WEIGHT	430 LBS (195 KG)
L	58" (147 CM)	STACK WEIGHT	200 LBS (91 KG)
H	60" (152 CM)		



LOW BACK LA-S3302

W	46" (117 CM)	SHIP WEIGHT	680 LBS (308 KG)
L	53" (135 CM)	STACK WEIGHT	280 LBS (127 KG)
H	60" (152 CM)		



ABDOMINAL LA-S6301

W	43" (109 CM)	SHIP WEIGHT	365 LBS (166 KG)
L	59" (150 CM)	STACK WEIGHT	155 LBS (70 KG)
H	60" (152 CM)		





LOCK N LOAD®

Now weight selection is as easy as flipping a switch. The intuitive Lock N Load® design is easily recognizable. If you've ever flicked a light switch on and off, you'll immediately understand how it works. Universally color coded switches engage and disengage the weight via an internal pin, providing a safer, more durable and maintenance free operation. Lock N Load® prevents unnecessary maintenance and customer service headaches since there are no pins to lose or replace.

THE ESSENTIAL STRENGTH LINE

Impact Strength® was designed to be a powerful choice for a facilities primary line of strength equipment. Rather than focusing on a couple hero pieces, this 23 piece line covers all of the essentials needed make up the foundation of any facility. Suited for all fitness levels, users can isolate and focus on each body part, making their workout customizable and efficient. Proven biomechanics and a rock solid construction ensure the durability that club owners expect.



AVAILABLE COLORS

UPHOLSTERY:



Black



Dark Brown

FRAME:



Silver



White



Textured Black

BUILD ON GREATNESS

At **Core Health & Fitness**, when we brought together fitness brands to build our company, we settled for nothing but the best. Four iconic brands that pioneered entire categories and whose machines are still the ones **members ask for by name**. Today, we're committed to continuing the tradition that started decades ago – and that's greatness you can feel good about building your business on.



STAR TRAC®



StairMaster®



NAUTILUS®



SCHWINN®

CORE HEALTH & FITNESS