

E Series StairMill™

Model	E-SMi	E-SM
Overall Dimensions	34" l x 58" w x 104" h (85 x 147 x 264 cm)	34" l x 58" w x 90" h (85 x 147 x 229 cm)
Overall Weight	376 lbs (171 kg)	355 lbs (161 kg)
User Weight Capacity	350 lbs (136 kg)	
Step Range Of Motion	8" step height with a 9" foot platform for a realistic stair climbing experience	
Electrical	<p>Self powering for E-SM unit. External power supply provided for entertainment system;</p> <p>If the user is at level 1, the user must be 130 pounds or greater to keep the battery charged. If at level 2, the user must be 125 pounds or greater to keep the battery charged.</p> <p>The StarTrac StairMill™ is able to operate without wall power provided users operate the machine at Level 3 or higher for workout durations greater than 5 minutes. If lower level continuous operation is required, it's suggested to operate the mill with a power adapter.</p>	
Certification	UL/CSA, CE, FCC, or CISPR	
Colors	Star Trac Silver, Shrouds: Slate Gray, Accents: Black	
HR Monitoring	Polar® Telemetry and Contact Heart Rate System	
Resistance	20 levels of intensity	
Display	Intuitive, tactile response keypad with LED technology	
Programs	11 workouts including Famous Steps®, Quick Start, Glute Sculptor, Thigh Toner, Fat Burner, Multi-Stage Fitness Test, Dynamic Heart Rate Control® Constant Heart Rate Control and three custom workouts	
Readouts	16-character message window; Dedicated: Time, strides per minute, heart rate, course profile, resistance level, 1/4-mile motivational track; Scrolling: Calories, calories/hour, watts, distance, speed, METs	
Standard Features	Personal cooling fans, SoftTrac® pedals, dedicated heart rate display, FitLinxx® certified and CSAF data port	
Entertainment	E Series PVS entertainment system which includes 15.6" (39.6 cm) high definition LCD screen, NTSC/ATSC/QAM digital tuner or PAL/SECAM tuner, integrated iPod® connector, USB power port, coaxial cable connector at base	Pre-wired for E Series PVS entertainment system
Warranty	2 years Comprehensive Warranty for parts and labor support for the equipments, applicable on the basis of manufacturing defect only.	